BULLYING IS HARDER TO SPOT THAN YOU THINK



Bullying: learn how to spot it and help stop it

Bullying isn't always obvious – it's harder to spot than you think and happens more often than you may realise.

It can happen in person or online, but when we know how to recognise it, we're better equipped to help prevent it or know what to do if it happens.

There are a wide range of resources to help parents, carers and young people understand, help, prevent and respond to bullying.

Australian Government

LetsStopBullying.gov.au